

# TUESDAY

## • Bewitchment in Fairy Tales: A Jungian View

**NEW!**

Many fairy tales are about bewitchment, where people are compelled to live in a way that is not human. They may take on the form of an animal, beast, or bird, or simply spend their time asleep to life. These tales also describe what it takes to become human again. How can we understand the frequency of this motif and the ensuing drama if we approach these tales from a psychological point of view? How do these tales enrich our understanding of ourselves? Discussion of six lively tales will include a presentation of C. G. Jung's ideas on the growth and development of personality.

Dorothy Gardner practises as a Jungian analyst in Toronto. She trained at the Jung Institute in Zurich and has been working in Toronto since her return in 1990. She is especially interested in a symbolic interpretation of dreams and fairy tales. For more information, please visit [www.torontojungiananalyst.com](http://www.torontojungiananalyst.com)

**Dates:** Oct. 4 – Nov. 8 (6 sessions)

**Time:** Tuesdays, 10:10 a.m. – 11:55 a.m.

**Fee:** \$45.00

**Lecturer:** Dorothy Gardner

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## • Black Canadian Luminaries

**NEW!**

*2011 is the UN International Year for People of African Descent!*

Who are some of the notable African-Canadians who have contributed to Canada's past and are having an impact in Canada's present? This course will introduce you to personalities from the past, such as Harriet Tubman and Mary Ann Shadd, and discuss contemporary individuals, such as the Lieutenant Governor of Nova Scotia, the Hon. M. Francis, or Michaëlle Jean, Canada's former Governor General, to raise your awareness about the experiences of black people. PowerPoint presentations, discussion, film, and books will be used to share some of this fascinating part of Canada's history with you.

Rosemary Sadlier is passionate about Black History as a means of extending inclusion and justice. She is the president of the Ontario Black History Society, the first such organization in Canada. She is the author of four books on African-Canadian history and the recipient of numerous awards, including the Order of Ontario.

**Dates:** Oct. 4 – Nov. 22 (8 sessions)

**Time:** Tuesdays, 10:10 a.m. – 11:55 a.m.

**Fee:** \$55.00

**Lecturer:** Rosemary Sadlier

## • Feeding the World: Past Success and Future Challenge

**NEW!**

If, as they say, “you are what you eat,” how much do you know about the food you eat and how it is produced? This course will raise a series of questions to start your search for answers. Will genetically modified foods guarantee supply or lead to global health problems? What dangers are raised by animal disease and the use of antibiotics in food production? Who checks food safety in Canada or in foreign produce? From farm to consumer, who benefits from our food dollar? How do subsidies and speculators influence the price of food? Are there practical ways to improve access to affordable food for the poor? What happened to the Green Revolution?

These vital questions and more will be discussed and debated in this course.

Geoffrey Kemp joined LIFE in 2006 at retirement after working as the manager of an engineering company for many years.

Carolyn Courchesne was a registered nurse, co-owned a coin business, ran a gelato shop in Tenerife, and was an insurance coder for emergency room doctors in Canada. She currently co-owns a forestry corporation.

**Limited to 30 participants**

**Dates:** Oct. 4 – Nov. 22 (8 sessions)

**Time:** Tuesdays, 10:10 a.m. – 11:55 a.m.

**Fee:** \$50.00 (includes the course booklet and all handouts)

**Moderators:** Geoffrey Kemp and Carolyn Courchesne

*(NOTE: the \$12 cost of the course booklet is nonrefundable.)*

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## • The History of Hollywood

**NEW!**

Hollywood! A name to conjure up countless images—beautiful women and handsome men, heroic rescues and dastardly deeds, western plains, and sinister city streets—the list goes on and on. Come and savour some of these images as we examine the fascinating history of the place that put film on the map.

Commentary by the lecturer will supplement the Turner Classic Movies seven-part series *Moguls and the Movie Stars: a History of Hollywood* and some additional film history documentaries.

John Twomey has taught several courses on film history for LIFE. He is a Professor Emeritus from Ryerson University’s School of Radio-TV Arts.

**Dates:** Oct. 4 – Nov. 22 (8 sessions)

**Time:** Tuesdays, 10:10 a.m. – 11:55 a.m.

**Fee:** \$55.00

**Lecturer:** John Twomey

## • The Art of Possibility

**NEW!**

The most important thing you can do to increase your health, wealth, and success in life is to increase your levels of happiness, positivity, and well-being. Positive people are more fulfilled and more relaxed, and science has shown they live longer. After reviewing the foundation and the five pillars of well-being, we will delve into the universe of possibility to discover new frameworks for flourishing. We will examine the concepts of, and research in, appreciative inquiry, mindfulness, character strengths, and positive emotions. You will learn techniques, receive tools, and gain new perspectives that create a launching pad for flourishing to take off. Join in an exciting adventure into the universe of possibilities.

Lillian Mills, M.Ed., a former special education teacher, is now a professional life coach who uses her comprehensive understanding of, and passion for, the principles of Positive Psychology to inspire her local and international clients to attain their personal and professional goals.

**Limited to 15 participants**

**Dates:** Oct. 4 – November 1 (5 sessions)

**Time:** Tuesdays, 12:10 p.m. – 1:55 p.m.

**Fee:** \$30.00

**Moderator:** Lillian Mills.

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## American Dream

**NEW!**

In this course, we will learn why Arthur Miller was called one of the greatest American playwrights of his time as we study three of his most famous plays:

*Death of a Salesman*, *The Crucible*, and *All My Sons*, the last of which we will see in a live theatre production.

We will also look at Miller's life, including his five year marriage to Marilyn Monroe, "the world's most beautiful woman," and his battle against McCarthyism in the age of anti-communism.

Harvey Levkoe is a theatre director who has directed more than 40 plays in the last 15 years. He has moderated at least one LIFE course each year for the last 10 years, and is currently directing the LIFE documentary.

**Limited to 30 participants**

**Time:** Tuesdays 12:10 p.m. – 1:55 p.m.

**Fee:** \$33.00

**Moderator:** Harvey Levkoe

*Please note that moderator Harvey Levkoe will direct All My Sons at the Fairview Library. See Extra! Extra! (F57) on page 21 for the opportunity to see the show on Sunday, Oct. 23.*

## ● Philosophy Café

Enjoy food for thought as you engage in dialogue with several Ryerson professors and senior undergraduate students on interesting and important issues raised by their research. A short lecture is followed by spirited discussion on a variety of topics, with emphasis given to intellectual debate rather than fact reporting. Please bring your own food for the body!

**Dates:** Oct. 4 – Nov. 15 (7 sessions)

**Time:** Tuesdays, 12:15 p.m. – 1:30 p.m.

**Fee:** \$36.00

*\*Please note starting time.*

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## ● Protecting Your Money: Guard Against Greed

**NEW!**

In these uncertain times, in order to remain comfortable and independent, it is vital to protect your money from bad advice, unscrupulous advisors, unwise investments, potential inheritors, and the very human trait of greed. This course will suggest some safeguards to help you retain control and cope with the pitfalls and complexities of the financial and economic world we live in.

Jack Marmer has moderated a number of courses and is a past president of LIFE.

Since his retirement from a forensic accounting practice and his years as a public accountant, he has seen the results of injudicious decisions in money management.

**Limited to 30 participants**

**Dates:** Oct. 4 – Nov. 15 (7 sessions)

**Times:** Tuesdays, 12:10 p.m. – 1:55 p.m.

**Fee:** \$39.00

**Moderator:** Jack Marmer

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## ● How Energy Will Shape Our World

**NEW!**

Our way of life does not work without energy. So, what are the prospects for our energy future? We need to get off fossil fuels, but what are the pros and cons of the alternatives? How quickly do we have to change, and what will it cost? As we adjust to new energy sources, how will we need to change our way of life? In this course, we will explore these issues to give us a view of our energy future. We will look at the implications globally, as well as for Canada and Ontario.

As an international management consultant, John Simke, CA, worked with large corporations and governments to solve problems. Pat Simke, MBA, had a long career in health and wealth at senior levels in the public sector and as a business owner and investment advisor in the private sector. In retirement, both Pat and John have studied international relations at Cambridge and the London School of Economics.

Questions on the course? [jsimke@sympatico.ca](mailto:jsimke@sympatico.ca)

**Limited to 30 participants**

**Dates:** Sept. 27 – Nov. 29 (10 sessions)

**Time:** Tuesdays, 2:10 p.m. – 3:55 p.m.

**Fee:** \$60.00 (includes the course booklet and all handouts)

**Moderators:** John and Pat Simke

*(NOTE: the \$12 cost of the course booklet is nonrefundable.)*

## Roads to Perdition: The Dark Allure of Film Noir

**NEW!**

It's often said that audiences prefer movies that make them feel better. However, the darker, ambiguous, and cynical world of film noir continues to attract with its sinister allure, so let's examine what gives this movie genre such a long shelf life. Beginning with its origins, rooted in German expressionism, and continuing onto the post-war years with hardboiled crime fiction (*The Postman Always Rings Twice*, *Double Indemnity*), we'll explore this still-flourishing genre. As well as delving into the classic noirs like *The Big Sleep*, *Detour*, and *Strangers on a Train*, we'll also see how contemporary works like *L.A. Confidential*, *Mulholland Drive*, and *The Big Lebowski* continue to illuminate the darker undercurrents that lie beneath our desire for security and certainty.

Kevin Courier is a writer/broadcaster at CBC Radio and a film critic for the website Critics at Large. He was co-host and producer of *On the Arts* for CJRT-FM for eight years, has written about film and popular culture for *Box Office*, *The Globe and Mail*, and the *Toronto Star*, and is the author of several books.

**Dates:** Oct. 4 – Nov. 22 (8 sessions)

**Time:** Tuesdays, 2:10 p.m. – 3:55 p.m.

**Fee:** \$55.00

**Lecturer:** Kevin Courier

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## • Spanish Conversation

Travelling to Latin America or Spain (or Florida or California)? Going on the LIFE Travels trip to Cuba? Want to work on your Spanish? Whether you are a comparative beginner or fairly fluent, here's your chance to improve your facility. In this course, you'll have the opportunity to speak Spanish and to listen to others speaking. We will use a variety of methods to enable you to increase your ability and confidence.

Limited to 20 participants

Frances Rodriguez is a native Spanish speaker who came to Canada from Peru in 1979. She has taught for both Toronto school boards. She has enjoyed moderating this course in the past, and looks forward to more good experiences.

Bob Biderman is a retired teacher who has taught students of all ages. He lived in Havana, Cuba for 18 months, where he learned Spanish and taught English at Cuba's only Arts University.

**Dates:** Sept. 27 – Nov. 29 (10 sessions)

**Time:** Tuesdays, 2:10 p.m. – 3:55 p.m.

**Fee:** \$45.00

**Moderators:** Frances Rodriguez and Bob Biderman

## ● How to Appreciate Statistics

**NEW!**

**Why should we care about statistics? Well, for one thing, they are the basis of most government policies and business decisions. The number of people who travel on the TTC each year will affect its level of funding. Whether or not your favourite salad stays on the restaurant menu will depend on how many choose it. So join us for an introductory look at the way numbers are used (and sometimes abused) to describe, explain, and influence our world. Emphasis will be placed on the kind of statistics we encounter daily in various media. Participants will be encouraged to bring in examples, both good and bad, to help all of us become more discriminating readers, viewers, and listeners. This won't be rocket science and our visiting speaker, a former math professor, will help us over a few slippery bits. John Hitchcock is a retired professor from the University of Toronto where he taught urban planning. He has moderated previous courses for LIFE.**

**Limited to 25 participants**

**Dates:** Oct. 4 – Nov. 29 (9 sessions)

**Time:** Tuesdays, 2:10 p.m. – 3:55 p.m.

**Fee:** \$42.00

**Moderator:** John Hitchcock

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## ● Managing Files and Folders

## ● Windows 7

## ● Downloading Music

## ● Tables and Charts with Excel 2010

## ● Internet and E-mail

(For more information, see Computer Courses Section, pp. 22-24)