

**PERIODIC PROGRAM REVIEW**  
**SCHOOL OF NUTRITION**  
**Bachelor of Applied Science in Nutrition and Food**  
**Faculty of Community Services**

**EXECUTIVE SUMMARY**

The School of Nutrition offers a 4-year BAsc degree in Nutrition and Food that prepares graduates for careers in health and community settings, dietetics, food service and food industries, education, private practice, and entrepreneurial endeavours. The program provides students with opportunities to develop the capacity to:

- 1) Explain the relative contributions and importance of the biological, humanities, and social sciences as the foundations of the evolving fields of nutrition and food.
- 2) Critically appraise literature relevant to nutrition and food issues for methodological and analytical soundness.
- 3) Apply a social determinants of health perspective to assess, plan, implement, monitor, and/or evaluate nutrition issues, interventions, and/or food innovations for individuals and communities.
- 4) Reflect on, formulate, and provide effective communications relevant to nutrition and food practice using an audience-centred approach.
- 5) Recognize the importance of reflective practice, the limits of personal and disciplinary knowledge, and commit to lifelong learning.
- 6) Choose an ethical approach to personal and professional responsibilities and plan to contribute to the advancement of society through collaboration, advocacy, and leadership that reflects the importance of dignity, civility, and respect for diversity.

Analysis of the self-study report indicates four primary strengths of the program:

- reputation
- progress indicator performance
- interdisciplinarity
- diversity and inclusiveness

This process has enabled the School of Nutrition to identify opportunities to increase student support regarding non-dietetic career paths, increase post-graduation accredited internship/graduate program positions, and clarify and provide more opportunities for students to analyze information and apply theory.

Faculty members have collaborated to compose a developmental plan that builds upon the program's strengths, takes action to address its weaknesses, and embraces opportunities identified in the Periodic Program Review report. The priority areas of action identified in this plan are: to increase student access to internship/graduate practicums, to enhance the profile of non-dietetic career paths, to engage in community building activities, to implement prior learning assessment and recognition, planning projections and to ensure adequate staffing to make efficient use of physical resources.