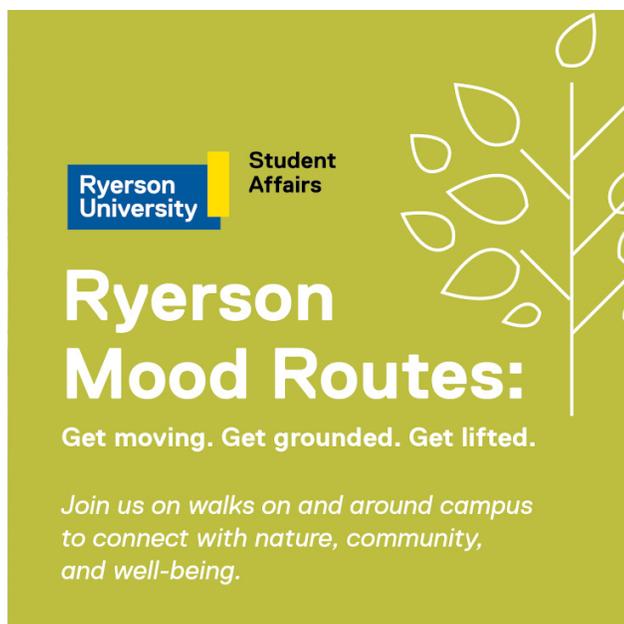## Mood Routes

Mood Routes is a Ryerson Student Affairs initiative, in partnership with the Canadian Mental Health Association's Mood Walks program, that invites students, staff, and faculty to head outdoors together.

Meet us at the SLC Amphitheatre every Tuesday from 12-1:30pm as we set out on a different accessible route to a nearby greenspace. Together, we walk/roll, de-stress, refocus, and build community.

Please visit Mood Routes on ConnectRU for more information.

Ryerson University — Student Affairs

Ryerson Mood Routes:

Get moving. Get grounded. Get lifted.

Join us on walks on and around campus to connect with nature, community, and well-being.

Faculty Resources

In-class Workshop
Request a customized in-class academic skill building workshop

Academic Skill Workshop
Refer your students to our Winter 2017 workshops.

Course Syllabus
Include us in your syllabus, download SLS program information.

Connect with SLS

W: ryerson.ca/sls
T: (416) 598 - 5978
E: sls@ryerson.ca
@Ryerson_SLS

Ryerson University

Academic Accommodation Support

AAS is continuing to meet with Departments this winter and speak at faculty meetings regarding academic accommodations. Please contact us to schedule a time to join your meeting to discuss how and when to refer students, answer questions about the challenges inherent in this work, and speak to the changes in AAS.

English Language Support

In Fall 2016, ELS had a 26% growth in student participation. This winter, individual appointments start on January 23. Students can book 1-on-1 appointments for help with written assignments, oral presentations, pronunciation, and speaking & listening skills. Group sessions start on January 30.

Graduate Student Support

This winter, we are offering three weekly writing groups: MRP/Thesis Support, Coffee and Writing, and our first discipline-specific writing group for students in the Communication and Culture program. In addition, PhD students can join two dissertation retreats (in February and April) and book an appointment with a Dissertation coach.

Math Support

This semester, the Math Hub will offer Computer Science support with various programming languages in C, C++ and R. View the drop-in tutoring, online tutoring, designated group tutoring for QMS130 and QMS230, as well as online exam reviews for MTH140, MTH240 and MTH131.

Study Skills and Transition Support

The Get Clear program is open to all students on academic probation, students work with a Peer Academic Coach to help them capitalise on their strengths and get back on track. Supported Learning Groups (SLGs) offered this semester are: CHY103, CHY113, MTH131, MTH231, PCS120, PCS130, MTH140 and MTH240, and SSH105.

Writing Support

Writing Support is offering three kinds of appointments: in-person, phone, and walk-n-talks. We also offer fifteen writing workshops and two weekly writing groups. Drop-in appointments are available from Tuesday to Thursday, 12pm to 3pm.

Test Centre

In Fall 2016, the Test Centre successfully administered **3,551 exams** -- the highest amount to date. This was a 16% increase from Fall 2015. This semester, we will be hosting several Lunch-and-Learn sessions to discuss changes in the Test Centre.