

## *Highlights of Services Offered at LSC...*

- Online Seminars
- Live Workshops
- Individual Appointments
- Facilitated Study Groups
- Tutoring
- Learning Groups

**Learning Success Centre (LSC)**, is dedicated to helping students reach their academic potential by providing professional resources that develop sound learning strategies.

In addition to working directly with students, Learning Strategists at the Learning Success Centre welcome the opportunity to work collaboratively with university faculty on issues related to learning and student success.

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programs & resources, please visit  
us at:

[www.ryerson.ca/student-services/  
learningsuccess](http://www.ryerson.ca/student-services/learningsuccess)



# Learning Success Centre

Overview of  
Services Offered  
Through LSC  
at Ryerson University

**We are facilitators  
of student-centered  
learning.  
We achieve this by  
ensuring equity,  
access, and  
student engagement  
in our work.**

# Learning Success Centre



**The Learning Success Centre (LSC) is an academic resource for all Ryerson students. Services include:**

**Online Seminars:** Online seminars are designed for individuals who prefer independent, self-paced learning. These seminars are available by request 24/7 on students' Ryerson Blackboard page. Online seminar topics include:

- *Editing Your Own Work*
- *Critical Reading*
- *Learning from Lectures*
- *Understanding Your Learning Style*
- *Writing Exams*
- *Effective Time Management*

**Facilitated Study Groups:** Located in various Faculty sponsored resource centres, facilitated study groups bring students together to discuss, ask questions and solve problems.

**Tutoring:** The tutor registry helps to connect Ryerson students who are looking to hire a private tutor, with students who are willing to provide tutoring services. Free drop-in tutoring may also be available in some Faculty sponsored resource centres.

**Individual Appointments:** Learning Strategists are available to work with students individually by appointment or during drop-in hours. Students are encouraged to attend a workshop or complete an online seminar prior to booking an appointment.

**Live Workshops:** Led by a Learning Strategist, live workshops are offered on campus and focus on a wide range of topics including:

• ***Time Management:***

Learn strategies for effective time management, how to prioritize responsibilities and course work, and how to set goals.

• ***Learning Styles:***

Discover your learning style and different ways of learning. You will have an opportunity to assess your personal approach to learning and find ways to work according to your strengths.

• ***Dealing With Performance and Test Anxiety:***

Learn strategies for managing stress as a student and how to lower your anxiety before and during an exam or presentation.

• ***Improving Your Mental Focus:***

Discover some causes of poor concentration, learn different methods for improving your ability to focus, and participate in a short "mindfulness meditation" session.

• ***Delivering Effective Presentation:***

Learn strategies for overcoming stage fright, discover methods for engaging your audience, and become a more organized and effective presenter.

• ***Test Prep and Writing Exams:***

Discover areas for improvement in your overall approach to test preparation. Learn long-term active study strategies that will enhance learning and develop effective test day routines for better performance.

• ***Getting Started on an Essay:***

Assess your own approach to essay writing and identify areas for improvement. Learn about the proper form and function of a typical university essay and effective ways to begin the essay writing process. Finally, discover effective ways of conducting initial research and how to use the library databases.

**Registration for Workshops is done online. To register, please visit:**  
[www.ryerson.ca/studentservices/learningsuccess/workshops](http://www.ryerson.ca/studentservices/learningsuccess/workshops)