

RYERSON

A First Year Student Guide to University Success



Study Smarter, Not Harder

Learning Success Centre – www.ryerson.ca/learningsuccess

English Language Support – www.ryerson.ca/els

Access Centre for Students with Disabilities – www.ryerson.ca/access

Get Connected

Tri-Mentoring Program – www.ryerson.ca/trimentoring

Student Programs – www.ryerson.ca/firstyear

International Services for Students – www.ryerson.ca/internationalservices

Aboriginal Services for Students – www.ryerson.ca/aboriginal

Student Housing Services – www.ryerson.ca/housing

Wellness

Health Promotion – www.ryerson.ca/healthpromo

Sports and Recreation – www.ryerson.ca/sportsandrec

Health Centre – www.ryerson.ca/healthservices

Centre for Student Development and Counselling – www.ryerson.ca/counselling

Money Matters

Career Centre – www.ryerson.ca/career

Student Financial Assistance – www.ryerson.ca/financialaid

Student Projects Funding – www.ryerson.ca/studentervices/pfacs

Many Ryerson students met in focus groups with staff in Student Services, to share experiences that helped them most in their first year.

These students wanted you to know the essentials that would help you in making your transition to Ryerson the best it can be.

This brochure is the result of their comments.



Did You Know?

- Ryerson is the only university to have a Business Building on Bay Street



- Ryerson is one block from Yonge Street – the longest street in the world

- Pitman Hall, Kerr Hall and Jorgenson Hall are all named after Ryerson Presidents



- Ryerson mascot
- ← Past Present →



- Professor Arne Kislenko won TVO's competition for best university lecturer in 2006



- Nelson Mandela received an honorary degree from Ryerson



- Ryerson has the 6th largest student population of the 17 universities in Ontario

- Egerton Ryerson is the founder of public education in Ontario



- The facade in the Quad serves as a reminder of the first Normal School for teacher training

- The reason we use the Ram as our mascot is that the Ryerson University crest has 3 rams on it

- A Ryerson Hall of Fame member is Eric McCormack of Will and Grace



March

My Goals This Month

SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
February 25	26	27	28	1	2	3
4	5	6	7	8	9	10
11	12	13	14	15	16	17
18	19	20	21	22	23	24
25	26	27	28	29	30	31

Essentials for March

To Do

Study Smarter, Not Harder

- Struggling with a project or paper? Meet with a Peer Learning Strategist for advice on how to generate, organize, and revise your ideas
www.ryerson.ca/learningsuccess/individualconsultations.html

- Students with Disabilities – book your exams at the Test Centre at **416-979-5000 ext 7932**
- Discover the most efficient and effective ways to prepare for your exams
www.ryerson.ca/learningsuccess/seminars.html

Get Connected

- International students confused about the Canadian tax system can attend the ISS tax workshop featuring a representative from the Canada Revenue Agency
www.ryerson.ca/internationalservices
- Did you have a great orientation? Be a part of the next one. Join the Ryerson Orientation Crew
416-979-5000 ext. 7176

- Looking for a summer job or one for fall. Check out opportunities in Student Programs, RAC and Day Camp www.ryerson.ca/stuprog
www.ryerson.ca/sportsandrec
- Drop in to **KHW-389** to find out about our Aboriginal Student Appreciation social

Wellness

- Stressed out by mid-terms? Overwhelmed by multiple pressures? Trouble coping? Talk to us:
www.ryerson.ca/counselling
- Book your annual health exam at the Ryerson Health Centre before the end of the year
416-979-5070

- Are you thinking of moving? Visit the Off Campus Housing website to find apartments and houses around Ryerson
www.ryerson.ca/offcampushousing
- Sports and Recreation Awards month
www.ryerson.ca/sportsandrec

Money Matters

- Visit the **Mentoring & Career Resource Centre** to discover employment directories and books to guide your search for summer programs and opportunities in Canada **JOR-425**
- Know your career direction. Reveal your passion in the interactive workshop: *Discover Your Calling – Create Your Vision*. For details call **416-979-5195**

- Considered a job on campus next fall? Look for on-campus job postings and leadership opportunities at:
www.ryerson.ca/career
- This is your last chance to apply for funding for a student project from the Student Projects Fund
www.ryerson.ca/studentervices/pfacs



Significant Dates

Important dates to add a course,
drop a course,
withdraw from class and appeal,
along with dates to pay fees etc.
are all posted on the web at
www.ryerson.ca/calendar

Go to the 2006/07
FULL-TIME Undergraduate Calendar
and then see Significant Dates

Phone Numbers

Student Services

ABORIGINAL SERVICES	416-979-5000 ext 6681
ACCESS CENTRE	416-979-5290, TDD/TTY 5274
CAREER CENTRE	416-979-5177
COUNSELLING CENTRE	416-979-5195
ENGLISH LANGUAGE SUPPORT ----	416-979-5000 ext 4064
HEALTH CENTRE	416-979-5070
HEALTH PROMOTION	416-979-5000 ext 4295
INTERNATIONAL SERVICES	416-979-5000 ext 6690
LEARNING SUCCESS CENTRE ----	416-979-5000 ext 7350
RECREATION	416-979-5096
SPORTS	416-979-5340
STUDENT FINANCIAL ASSISTANCE ---	416-979-5113
STUDENT HOUSING SERVICES ----	416-979-5284
STUDENT PROGRAMS	416-979-5187
STUDENT PROJECTS FUNDING ----	416-979-5000 ext 7351
TRI-MENTORING PROGRAM	416-979-5000 ext 6634

The staff of Student Services strive to provide students with the best service possible. If you are not satisfied with our service or have ideas to improve it, please call 416-979-5000 ext 6629

Other Key Numbers

RYERSON	416-979-5000
EMERGENCY	416-979-5040
ADMISSIONS	416-979-5036
OMBUDSPERSON	416-979-7450
REGISTRAR	416-979-5100

My Phone Numbers

STUDENT SERVICES 416-979-5187
www.ryerson.ca/studentsservices

Student Services

14 service units to help you achieve your academic and career goals

