

Clinical Psychology Training Clinic A Partnership between Ryerson University and St. Michael's Hospital

Phase 1 of Ryerson University's new **Clinical Psychology Training Clinic** (CPTC) is now open for business. The Training Clinic is the product of a new partnership between St. Michael's Department of Family and Community Medicine and Ryerson University, and it's located at 80 Bond Street (just steps from Ryerson's Psychology Training and Research Centre, at 105 Bond Street) which is the site of the newest family practice clinic—the 5th—for St. Michael's. A top teaching and research hospital with its downtown Toronto roots dating back to 1894, St. Michael's is noted for its innovative education and leading edge science. With an ideal hospital partner, the CPTC provides a unique opportunity for graduate students to gain experience serving a wide range of clients in a hospital-based, primary care setting. The training clinic is committed to evidence-based practice, interprofessional team-based service delivery and training, and the use of technology to best serve patients and promote learning.

Patient Population and Interprofessional Team

The 80 Bond clinic serves a diverse patient population of all ages and cultural backgrounds, including new immigrants, urban professionals, homeless and under-housed individuals, and clients with a range of physical and mental health problems. The interprofessional team at 80 Bond Street includes professionals from a range of specialties, including:

■ Psychology ■ Chiropractic ■ Dentistry ■ Dietetics ■ Medicine ■ Nursing ■ Pharmacy ■ Social Work

Our psychology graduate students based in the CPTC will also have an opportunity to participate in Interprofessional Education training workshops and rounds hosted by the Department of Family and Community Medicine at St. Michael's.

Facilities

The facilities at 80 Bond Street are top-line and designed from the ground up by COHOS EVAMY Integrated Design (Toronto) according to the latest medical infrastructure standards with unique modifications and accommodations to meet the needs patients receiving psychology assessments and interventions. The site includes two levels: Level 1 (Primary Medical) and Level 2 (Primary Consultation) are designed with wheelchair and scooter accessibility. Level 1 opened in July 2010, while Level 2 is opening in the Spring of 2011; for the Fall of 2010, our students are based on Level 1. With the completion of Level 2, the clinic will have 22 exam rooms, 8 multi-purpose consult rooms, 2 chiropractic treatment rooms, and 2 dental treatment rooms. Five offices are devoted to the training of psychology students. In addition, there are 2 conference rooms and 2 large interdisciplinary review and team areas. For the convenience of staff and trainees, the clinic has a spacious lunch room/kitchen, several meeting areas, mailboxes and lockers.

All of the patient care areas are outfitted with high-quality video cameras and microphones (Honeywell Systems) allowing for a distributed model of trainee supervision. Furthermore, there are computers throughout the clinic. A shared electronic medical record used by all care providers supports the goal of interprofessional care for each patient.



Psychology Training

Students in Ryerson's Clinical Psychology Program will have the opportunity to gain hands-on experience in evidence-based assessment and treatment, with patients presenting with a range of psychological issues, including:

- Adjustment disorders
- Anxiety disorders
- Grief
- Mood disorders
- Personality disorders
- Psychological issues related to chronic medical conditions (e.g., heart disease, obesity, diabetes, HIV/AIDS, hypertension)
- Psychotic disorders
- Sleep disorders
- Treatment adherence problems

A Director for the Psychology Training Clinic is being hired in Fall 2010. The Director, along with other core and adjunct faculty in Ryerson's Psychology Department, provide high quality, on-site supervision, facilitated by a state-of-the art audio-visual recording system. More senior students in the program are provided opportunities for training in, and provision of, supervision to more junior students.

