

Psychology

Bachelor of Arts
Full-time, 4 years

**Ryerson
University**

Psychology
Faculty of Arts

Where

inspiration meets

impact



About the Program

How do we remember and process information? How are **gender** and **sexuality** related to **identity**? How are **addictions** and **brain chemistry** related? How do we cope with **stress** in a changing world?

Psychology is central to our understanding of **human behaviour**, from our biological foundations to our social processes. This undergraduate program provides experience in many fields within psychology including **cognition**, **abnormal psychology**, **statistics**, **gender and sexuality**, **health**, **human development**, **law**, and **sensation and perception**. Students learn about the **human mind**, **behaviour** and **emotion**, as well as how we think, feel and reason through learning opportunities and **experimental and clinical research**.

Program Highlights

Psychology students have the benefit of having a research and training center right on campus. Located at 105 Bond St., the **Psychology Research and Training Center (PRTC)** occupies approximately **15,000 sq. feet** of research and student training space on the first and second floors of the South Bond Building. The PRTC features **31 dedicated research laboratories** and **18 shared bookable rooms**, including research-shared observation rooms, flexible interview/research and group therapy rooms, seminar and flexible conference rooms, a graduate student lounge, and several support and research staff offices. The PRTC also houses the **Institute for Stress and Wellbeing Research**. Faculty, postdoctoral fellows, graduate students, and senior undergraduate students benefit from a research environment that fosters our integrative research and training theme while supporting the collective pursuit of science, discovery, health and wellbeing.



Program Structure

The Psychology program is one of 10 Bachelor of Arts programs that share a common first year platform.

The common first year platform provides students with **critical thinking** and **communication skills** that prepare students for their psychology studies. During the upper years of the program, psychology students may volunteer as Research Assistants in the Psychology Research and Training Centre to learn outside the classroom, make connections with peers and instructors, and sharpen their **research skills**.

Typical First Year

Semester 1 - FALL	Semester 2 - WINTER
Critical Thinking I - SSH 105	Academic Writing and Research - SSH 205
Introduction to Psychology I - PSY 102	Introduction to Psychology II - PSY 202
In addition to that you must choose 6 Electives (3 each semester) for your first year.	

What can I do with my degree?

A psychology degree leads to limitless career paths by equipping you with an arsenal of in-demand transferable skills that prepare you for success across careers. These skills range from communication, critical thinking, analysis and interpersonal skills, to problem solving, data handling, and academic writing skills, all of which can help propel your career forward.

Our graduates can be found in a wide variety of areas and career settings including **addictions and mental health, sports science, media relations, human resources management, policy analysis, conflict mediation, correctional facilities, business, education and research institutions**. In addition, many of our alumni choose to pursue graduate studies in psychology (leading to careers in public or private settings, independent practice, or academia), or advanced studies in areas such as **medicine, law, health, social work and business**.

How to Apply

1. Visit ryerson.ca/programs/undergraduate/psychology/ for our admission requirements.
2. Apply at the Ontario Universities Application Centre (ouac.on.ca) by the published deadlines.
3. Check your Choose>Ryerson portal regularly to keep up to date on your application status.

Psychology welcomes applications from prospective students of all nationalities and gender identities, regardless of age, disability, race, religion, or sexual orientation.

For more information visit:

ryerson.ca/programs/undergraduate/psychology

Contact

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Once I had come to the conclusion that I wanted to remain in Toronto, Ryerson's urban, innovative environment made my decision an easy one. The brilliant faculty within the prestigious Psychology program, and the fast-paced atmosphere of downtown Toronto are just two of the factors that have confirmed my initial choice."

- **Ferial Fekri**, Psychology BA Student