

## Participants Needed for Study on the Effects of COVID-19 on Immigrants Working in the Full-Service Restaurant Industry

We are recruiting participants for our research project titled, **Pandemic Kitchen Stories: The impact of COVID-19 on immigrants working in Toronto's full-service restaurants**. The study aims to understand the impacts of COVID-19 on recent immigrants working in Toronto's full-service restaurant industry, including the impacts of immigration status as well as the coping strategies used to get through the pandemic. We are recruiting 300 participants to complete an [online survey](#) and of those 300, we will invite 30 people to participate in 1-hour phone or Zoom interviews. Your shared stories and insights will be valuable in informing policies to better respond to the needs of newcomers working in the restaurant industry.

### ARE YOU?

- 18 years or old or older

### AND DID YOU?

- Arrive in Canada after 2010
- Work in a full-service (sit-down) restaurant as a dishwasher/busser/food runner/ prep cook/cook/server or bartender in March 2020 when the first pandemic measures were put into place?

**WHAT YOU WILL BE ASKED TO DO:** If you volunteer to participate in this study, you will be asked to do **one or both** of the following things:

### SURVEY:

- ✗ Provide voluntary and informed consent to participate in a 5-minute online survey
- ✗ Provide demographic information such as age, immigration status, gender, education, employment status, and housing situation
- ✗ Indicate whether you are interested in being contacted again to participate in a 1-hour online Zoom or phone interview

### INTERVIEW:

- ✗ Answer questions about your migration experience and how you came to work in the restaurant industry. You will also be asked about the ways in which COVID-19 has impacted your work and what strategies you have used to cope. For example: What strategies have you used to deal with hardships resulting from the pandemic – ie) furlough, layoffs, reduced hours – and has anyone helped you?

Participants completing both the survey AND interview will receive a **\$25 PayPal Honorarium**.

**QUESTIONS ABOUT THE STUDY:**

If you have any questions about the research, please contact:

Maggie Perzyna M.A.,  
Principal Investigator & Researcher, Canada Excellence Research Chair Program in  
Migration and Integration  
Ryerson University  
44 Gerrard Street East, CUI-333, Toronto, ON M5B 1G3  
Email: [pandemickitchenstories@gmail.com](mailto:pandemickitchenstories@gmail.com)

Anna Triandafyllidou, Ph.D.,  
Co-Investigator & Chair, Canada Excellence Research Chair Program in Migration and  
Integration  
Ryerson University  
44 Gerrard Street East, CUI-333, Toronto, ON M5B 1G3  
Email: [anna.triandafyllidou@ryerson.ca](mailto:anna.triandafyllidou@ryerson.ca)

If you have questions regarding your rights as a participant in this study, please contact:

Research Ethics Board  
c/o Office of the Vice President, Research and Innovation  
Ryerson University  
350 Victoria Street  
Toronto, ON M5B 2K3  
416-979-5042  
[rebchair@ryerson.ca](mailto:rebchair@ryerson.ca)

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