

Disease Management Chronic Illnesses

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22 Projects funded by ZonMw for 3 years (starting April 2009)

11 Heart failure and patients at risk

5 COPD

3 Diabetes

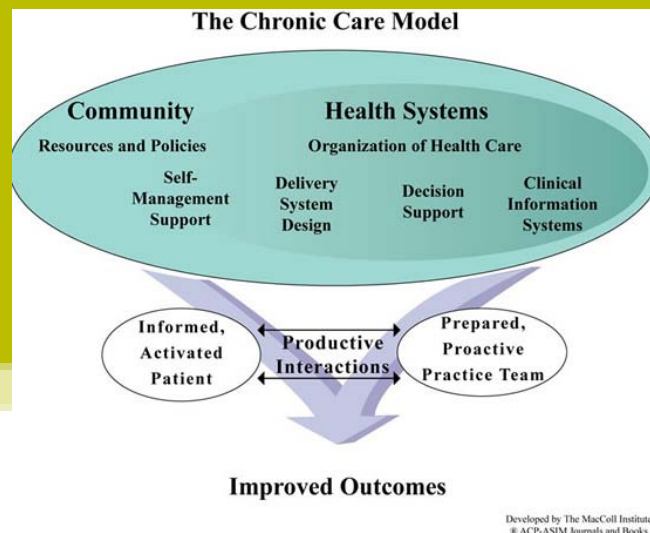
3 Mental illnesses

In many projects comorbidities



Support program Vilans

Assistance on implementation of central care guidelines and critical elements of DM and the CCM



Framework

- Intake
- Digital survey “ambition questionnaire”
- Conferences “inspiration days”
- Ongoing workshops on specific themes
- Monthly interviews by telephone
- Training



22 projects a first impression

- Team composition and cooperating organisations
- Differences in development elements of DM and the CCM in the project
- Central goal: implementation of care guideline
- Introduction of self management
- How to improve patient participation?
- Role of the central careprovider / case management
- Lack of individual care plans
- Registration system/ICT (HIS, KIS, Webbased?)



Results so far

- Initiation of 3 ongoing workshops:
 1. Protocol self management
 2. ICT
 3. Methods for participation of patients
- Training:
 1. Project management
 2. Strategic alliance management
 3. Motivational interviewing



Challenging factors

- Lack of knowledge about self management
- ICT
- Investment in time and money
- Keeping professionals involved
- Poor collaboration between 1^e or 2^e echelon
- How is the support in the region?
(widespread or by one individual?)



Beneficial factors

- Enthusiastic team
- Motivated care providers
- New financial concept (capitation based)
- Chronic care is hot topic!



Thank you for your attention

- check

www.vilans.nl/diseasemanagement



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