

Discounts

Dentist

Save even more at over 800 dentists across Canada. Get dental services you need at a price you will love. Here's how it works:

- Find a participating dentist at student.greenshield.ca
- At the end of your treatment provide the dentist with your GSC information. GSC will automatically calculate the applicable discount.
- GSC pays your dentist directly so you only pay your share of the cost (if any).

Discount ranges from **20%** to **30%** based on dental services.

Shoppers Drug Mart

Save 10% on President Choice®, no name®, Quo®, and Life Brand® products. Present your Shoppers Drug Mart® card with your student ID. Visit student.greenshield.ca to get your card!

Glasses & Contacts

Save 10% online at ContactsExpress.ca
Using promo code **GSCVision**

Save 25% on frames online at Clearly.ca Using promo code **ESGRN20**

Or visit student.greenshield.ca to find a vision discount near you at The Bay Optical, Vision Clinic, Hakim Optical, and more!

More Discounts

Save more with GSC on hearing aid devices, prescription medications, and LASIK MD. Visit student.greenshield.ca to learn more.

1

Plan Member Online

Register for Plan Member Online Services where you can view your benefits, check your coverage, submit claims, sign up for direct deposit, view claim statements, and more!

Please note you can register for Plan Member Online and submit claims after GSC has received your enrollment information from your institution.

2

Register: Plan Member Online

- Visit student.greenshield.ca and click Login
- Select *Get Your Registration Key* and follow the instructions to get your registration key
- After receiving your registration key, return to the Login page. Enter your Plan Member ID (RGU student number-00) and Registration Key, then click Continue with Registration
- Once registered, return to the Login page. Enter your new username and password, then click Login

3

Download: GSC Mobile App

After registering for Plan Member online, download the **GSC On the Go** app to access your benefits plan on your mobile device. Download the app to:

- Find a health care provider near you
- See whether your drug is covered, how much will be covered
- Show your all-in-one benefit and travel ID card
- View benefits coverage and see how much will be paid

2021-2022

We've got your health covered.



Health & Dental Care Plan

xgsu.ca/health

XGSU

X University
Graduate Students
Union

NATIONAL STUDENT
HEALTH
NETWORK

gsc
green shield canada

Who is Covered?

X University graduate students, who are enrolled as full-time students and have been assessed the health and dental plan fees, are automatically enrolled.

How to Opt In

Students with families may opt in a spouse/common law partner and/or children. Additional plan fees apply. An opt in application must be submitted within the student's first eligible opt in term. Visit xgsu.ca/health or for more information.

How to Opt Out

Students who have comparable health and dental coverage may opt out of the health and dental plan by providing sufficient proof. An opt out application must be submitted within the student's first eligible opt out term, on an annual basis.

Visit xgsu.ca/health for more information.

Coverage Change Periods

- Fall Session (opt out, opt in, family opt in): September 1 - October 2, 2021
- Winter Session (opt out, opt in, family opt in for students not enrolled in the Fall 2021 semester): January 1 - February 5, 2022

Accessing Your Coverage



1.888.711.1119
greenshield.ca

Student Name

RGU student # - 00 (Example: RGU500123456-00)

X University Graduate Students' Union

Questions?

Download the [mobile app](#), call **1-888-711-1119** or visit student.greenshield.ca

Benefits Summary

Health Benefits More than \$6,000

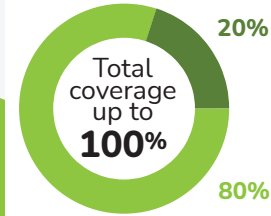
| | Per Visit/ Purchase | Per Policy Year |
|---|------------------------|--|
| PRESCRIPTION DRUGS | 80% | \$3,000 |
| VACCINES | 80% | included in drug maximum |
| HPV VACCINES | 65% | included in drug maximum |
| ORAL CONTRACEPTIVES | 100% | included in drug maximum |
| DEVICE CONTRACEPTIVES | 100% | \$100 per year |
| PSYCHOLOGIST COUNSELLOR MASTER OF SOCIAL WORK SOCIAL WORKER PSYCHOTHERAPIST | 100% | \$1,000 |
| BEACON iCBT THERAPY | 100% | \$300 included in mental health maximum |
| ATHLETIC THERAPIST PHYSIOTHERAPIST referral from MD or NP required | \$55 | \$240 |
| REGISTERED MASSAGE THERAPIST referral from MD or NP required | 100% | \$500 |
| CHIROPRACTOR plus one x-ray | \$15 | \$300 |
| ACUPUNCTURIST CHIROPODIST PODIATRIST plus one x-ray | \$20 | \$300 |
| SPEECH THERAPIST | 100% | \$250 |
| NATUROPATH | 100% | \$250 |
| OSTEOPATH | \$20 | \$300 |
| EMERGENCY TRANSPORTATION | 100% | \$100/day |
| ACCIDENTAL DENTAL | 100% | reasonable and customary charges |

PLUS footwear, bra (mastectomy), compression stockings, wigs, wheelchair/scooter repairs, wheelchair ramp, patient lift, TENS unit, myo-electric arm, external breast prosthesis, blood glucose monitor, private duty nursing in the home, tutorial benefit, and physician note.

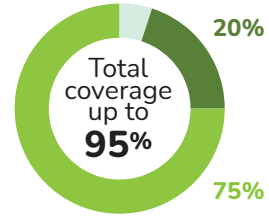
Note: your health and dental plan benefits booklet located at student.greenshield.ca supercedes all information printed in this publication.

Dental Benefits Up to \$750

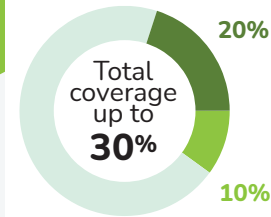
● GSC Insurance ● Student Dental Discount Network



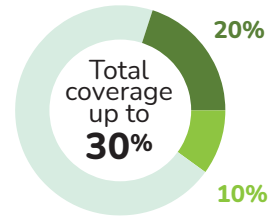
Basic Services
recall exams, cleanings, polishing, scaling, x-rays, periodontal scaling



Basic Restorative Services
Basic Oral Surgery
fillings, extractions



Comprehensive, Endodontic, and Periodontic Services



Major Restorative Services
crowns, bridges, posts

Vision Benefits Up to \$250

EYE GLASSES,
CONTACTS,
SUNGLASSES
Every 24 consecutive months

Per Visit/
Purchase

Amount Covered

100% \$175

EYE EXAM
Every 24 consecutive months

100% \$75

Travel Coverage Up to \$5,000,000

TRAVEL HEALTH
COVERAGE

Amount Covered

Eligible

60 days Per Trip

EMERGENCY SERVICES

\$5,000,000 Per benefit year

REFERRAL SERVICES

\$50,000 Per benefit year

This is a brief outline of your coverage. For complete benefits information visit student.greenshield.ca