

**Curriculum**

**Degree Requirements: Professional Master's Diploma**

<b>PMDip Dietetics</b>		
NC8300	Professional Practice	1
NC8401	Practicum Unit I	1
NC8402	Practicum Unit II	1
NC8403	Practicum Unit III	1

**Degree Requirements: Master of Health Science (First Offered Fall 2007)**

NC8101	Appraising Scientific Evidence	1
NC8102	Understanding Health Behaviour	1
NC8103	Nutrition Communication Strategies	1
NC8104	Nutrition Communication Seminar	1
NC8201	Food and Nutrition Policy	1
NC8209	Knowledge Translation	1
	AND one of the following Options:	
	<b>MAJOR RESEARCH PAPER Option:</b>	
	Major Research Paper/Project	(Milestone)
NC8205	Directed Studies	1
	<b>ACCREDITED PRACTICUM Option: (first offered Fall 2013)*</b>	
NC8300	Professional Practice	1
NC8301	Practicum I	3
NC8302	Practicum II	3
	* This option requires enrollment in an additional term for the second practicum (NC8302)	

## Course listing

### Major Research Paper/Project

The major research paper/project is an opportunity for students to independently investigate a particular issue or application in nutrition communication. It may be a development/testing of a nutrition communication technique or a multi-media product; an analytic project, such as a comprehensive literature review, policy or secondary data analysis. Students are required to develop a project plan for approval early in the Fall term and submit their final report at the end of the Spring/Summer term. This is a "Milestone". Pass/Fail

### NC8101 Appraising Scientific Evidence

Emphasis will be placed on understanding how to evaluate and interpret research to make informed judgements regarding complex nutrition issues. Students will learn to interpret the tools used by scientists to measure the impact of interventions and scientific outcomes from a variety of research approaches and study designs. Students will learn how to synthesize knowledge and formulate an evidence-based position on a complex nutrition issue by conducting a systematic literature review. 1 Credit

### NC8102 Understanding Health Behaviour

Theories and constructs of health behaviour and behavioural change in individuals, practitioners, and organizations are examined using an interdisciplinary framework. Through readings, discussions and applications, students develop an understanding of the social psychological processes that support or impede healthy behaviours and communication tools used to promote behavioural change. Promotion of behavioural change is critically examined within systemic, ethical and personal contexts. 1 Credit

### NC8103 Nutrition Communication Strategies

Principles and strategies for adult education, online, and social media communication are examined and applied. Evidence and strategies for evaluating the effectiveness of online communication for health promotion are critiqued. A flexible learning approach enables students to apply communication best practices using varied channels and vehicles. Media training workshops enhance students' skills and engage them in formulating key messages, simulations, and offering constructive peer feedback. 1 Credit

### NC8104 Nutrition Communication Seminar

A flexible learning approach is used to engage students in self-reflection and self-development practices that support their growth as resilient health professionals. Students create professional development plans and identify goals and strategies for success. Principles of universal instructional design and inclusive, accessible communication are discussed and applied. Communication skills are enhanced through opportunities for public speaking and development of creative communications. Pass/Fail. 1 Credit

### NC8201 Food and Nutrition Policy

This course provides an overview of contemporary food and nutrition policy issues and debates. The policy development process and roles and perspectives of multiple stakeholders are explored through examinations of current policy issues. Students will develop their ability to critically examine and communicate policy issues and debates to stakeholders as food and nutrition subject matter experts. 1 Credit

### NC8205 Directed Studies

Students arrange to work with an individual faculty member on a course designed to pursue readings in a specific area that is relevant to nutrition communication. 1 Credit

### NC8209 Knowledge Translation

This course aims to increase students' understanding of the principles of knowledge translation. Emphasis will be placed on critical appraisal of studies including systematic literature reviews and clinical practice guidelines; and synthesis, interpretation, and communication of research results to the public and professional audiences. 1 Credit

### NC8300 Professional Practice

Students engage in discussions, activities and field trips to gain and apply knowledge and skills required for entry level dietetic practice. Students explore current and emerging areas of practice through discussions with guest experts, simulations and have opportunities to meet competencies concerning the application of the standards, policies and legislation governing dietetic practice. 1 Credit

**NC8301 Practicum I**

This course provides students with experiential opportunities to demonstrate progressive learning as per the Integrated Competencies for Dietetic Education and Practice. A one-week orientation prepares students for full-time placements in external organizations. Monthly workshops use case-based learning, simulations, online modules and engage students in discussions to integrate learning, identify strategies to resolve problems, and demonstrate a collegial approach to professional practice. 3 Credits

**NC8302 Practicum II**

This course provides students with structured experiences to integrate, build on, and demonstrate the competence related to the Integrated Competencies for Dietetic Education and Practice (ICDEP). Students engage in 4 1/2 days of external rotations and 1/2 day of class weekly. Online study modules and assessments support students' progress. Class discussions provide opportunities for students to integrate their learning, discuss challenges, identify strategies to resolve problems, and demonstrate a collegial and supportive approach to professional practice. This course is graded as Pass/Fail. Successful achievement of all relevant Integrated Competencies for Dietetic Education and Practice is required to pass the course. Prerequisite: NC8301 3 Credits

**NC8401 Practicum Unit I**

This course provides students with structured experiences to integrate knowledge and skills while demonstrating their competence as defined by the Integrated Competencies for Dietetic Education and Practice. Students engage in 4 days of highly structured external rotations and 1 day of class weekly. Online study modules and assessments support students' progress. Class discussions provide opportunities for students to integrate learning, discuss challenges, identify strategies to resolve problems, and demonstrate a collegial and supportive approach to professional practice. Pass/Fail 1 Credit

**NC8402 Practicum Unit II**

Based on the progressive model of competency attainment, this course provides students with structured experiences to build on their previous experiential learning by adding depth and breadth to their learning. Students will integrate knowledge and skills while demonstrating their competence as defined by the Integrated Competencies for Dietetic Education and Practice. Students engage in 4 days of highly structured external rotations and 1 day of class weekly. Online study modules and assessments support students' progress. Class discussions provide opportunities for students to integrate learning, discuss challenges, identify strategies to resolve problems, and demonstrate a collegial and supportive approach to professional practice. Pass/Fail 1 Credit

**NC8403 Practicum Unit III**

Based on the progressive model of competency attainment, this course provides students with structured experiences to build on their previous experiential learning by adding depth and breadth to their learning. Students will integrate knowledge and skills while demonstrating their competence as defined by the Integrated Competencies for Dietetic Education and Practice. Students engage in 4 days of highly structured external rotations and 1 day of class weekly. Online study modules and assessments support students' progress. Class discussions provide opportunities for students to integrate learning, discuss challenges, identify strategies to resolve problems, and demonstrate a collegial and supportive approach to professional practice. Pass/Fail 1 Credit