

Nutrition Communication

MHSc

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Nutrition Communication

This first-of-its-kind program in Canada focuses on advanced communication and knowledge translation skills for interpreting scientific evidence, and tailoring nutrition education and counselling for diverse audiences. Whether creating communication campaigns, counselling patients or engaging with the media, dietitians are Canadians' most credible source of nutrition information. The accredited practicum option prepares future dietitians for success in current and evolving careers, while the MRP option lets experienced dietitians become leaders in nutrition communication.

Resources

- Drawing on our affiliation agreements with more than 200 external partners, Accredited Practicum Option students will engage in practice-based training rotations to meet the competencies required for entry-level dietetic practice.
- Major Research Project students can collaborate with faculty representing a diverse array of relevant disciplines including obesity prevention, diabetes management, food policy, food security, family relationships, and nutrition among older adults to create knowledge translation projects.

Student Benefits

- Athletic membership
- Campus groups and programs
- Career Centre for resumé and interviewing skills
- Discounted transit passes (Go Transit and TTC)
- Health insurance, medical and counselling services
- On-campus employment opportunities
- OSAP eligible
- Research opportunities with School of Nutrition faculty
- Scholarships and awards available
- WSIB coverage and professional liability insurance

Admissions Information

Option 1: Accredited Practicum

- Completion of a Partnership for Dietetic Education and Practice accredited 4-year bachelor's degree in food and nutrition or equivalent
- Minimum grade point average (GPA) or equivalent of 3.33/4.33 (B+) in the last two years of study
- Confirmation of completion
- Curriculum vitae
- Statement of interest
- Two letters of recommendation, one of which must be academic
- Two independently completed and verifiable communication projects, e.g. reports, brochures, audio and/or video materials, visual arts and published papers
- Post-secondary transcripts

Option 2: Major Research Project / Paper (MRP)

- Completion of a 4-year bachelor of science or bachelor of applied science degree in food and nutrition
- Registered Dietitian status preferred
- Minimum GPA or equivalent of 3.00/4.33 (B) in the last two years of study and in at least one course in each of the following areas: research methods (or equivalent); introduction to statistics (or equivalent); interpersonal/professional communications; biological sciences (e.g. physiology, biochemistry); social sciences (e.g. sociology, psychology)
- Curriculum vitae
- Statement of interest
- Two letters of recommendation, one of which must be academic
- Two independently completed and verifiable communication projects, e.g. reports, brochures, audio and/or video materials, visual arts and published papers
- Transcripts

Applicants may be required to provide certification of English language proficiency. For more information, visit ryerson.ca/graduate/futurestudents/admissions/english-language.html.

For program fees, please see ryerson.ca/registrar/fees/detail.



“The MHS program has truly been invaluable in my journey toward becoming a registered dietitian. The unique coursework equipped me with strong skills in communication, critical thinking and knowledge translation, which have allowed me to succeed in practical settings. The continuous support, guidance and feedback from faculty has allowed me to not only grow as an individual but also to feel confident and competent as a young nutrition professional.”

– Catherine Zammit, MHS graduate

Program Contact

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