

Orienting Yourself to a New Practice

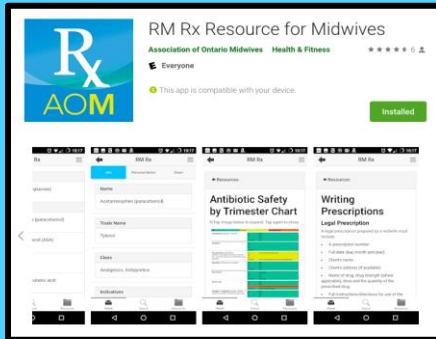
Starting at a new practice or your first placement has its challenges. Here is a list of some helpful apps, lists, or tools that you can keep on hand to make this transition easier for you:

1. Download **AOM apps** ; e.g., [VBAC](#), [HDP Hypertension](#), [GBS](#).

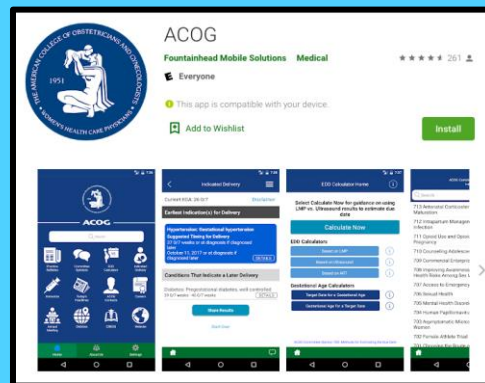
[RX App](#) (android & IOS)

or

[BILI Tool](#)



2. Download the obstetrical apps e.g., [SOGC App](#) (including gestational wheel), Joshua Steinberg's app combining [LMP](#), [EDC](#), [US date](#), or [ACOG app](#)



3. Upload all AOM clinical guidelines PDFs on your smartphone
(Not enough space on your phone for PDFs? Then copy the link URL & list these in your “contacts” or “notes” page on your smartphone)

[Clinical Practice Guidelines](#)

4. Language translations (Google translate is not terrific) **TRANSLATION SERVICES:**
<https://www.microsoft.com/en-us/translator/apps/>, [Other apps](#), [Toronto ASL interpreter svcs](#), [Toronto-based Interpreter services](#) & other [free, community-based interpreting](#).

5. Create & memorize the list of midwives & staff and their roles
6. Enter the date/time of practice & Peer review meetings in your RU Google calendar.
7. Read & familiarize yourself with Practice Protocols (binder or online)
8. Hospital protocols (may be at hospital in L&D or you may have a copy in the clinic)
9. Search for online [EHR](#) training (YouTube or manufacturer) & sign up for training @ your hospital. Inquire if you need to have your own password for the clinic EHR & for the hospital EHR. Ask if [Doxy](#) virtual visit telemedicine platform will be used.
10. Do your own scavenger hunt & take video/photos of where you find the following objects [some of these apps and links change over time so you might need to do an online search. They are offered by March of Dimes, GLOWN, medical schools, HCPs].
 - i. Meds
 - ii. Charts
 - iii. Consent forms
 - iv. Lab forms & Supplies
 - v. NST machine
 - vi. PAP room & supplies
 - vii. Baby weighing scale (and supplies, blankets)
 - viii. Glucola/GCT drink (50 gm or 75 gm)
 - ix. Vaccinations or Rhogam/Winrho - is it at the practice or hospital blood bank?
 - x. Extra Home birth Bag & NRP supplies (or precipitous birth supplies)
 - xi. Extra BP cuffs & stethoscopes
 - xii. Cleaning supplies (Sani-wipes, cleaners for autoclave if used)
11. Consider downloading these apps to your Smartphone:
 - i. Newborn weight/gestation age chart [[for iOS](#) or for [android](#) or [with graphs](#)] to determine if you've reached the 10% threshold.
 - ii. US AFV ([expected amniotic fluid index vs gestational age](#)), [Biophysical profile](#), [amniotic fluid pockets for diagnosis of oligo/poly](#).
 - iii. Web-based apps for calculating [Bishop's Score](#).
 - iv. Apps for counting contractions are also available so search Play-store or iOS store. Your clients are probably using them too.
12. Determine how equipment and instruments are sanitized, correct sterilization process for this practice (on site, contracted out...)
13. Oxygen tanks (refills & how to request refill if empty)
14. Consult the [MEP Placement Orientation Checklist](#) for other steps in your orientation.