

# Unity Health Toronto/Ryerson University Collaborative Professional Master's Diploma (PMDip) in Dietetics

## Our Program

Our program provides practical and professional training to prepare for a career in Dietetics. Graduates of this professional training program will qualify to write the Canadian Dietetics Registration Exam and if successful, register with a provincial regulatory body. Our program:

- Provides practical experience for students to obtain the Integrated Competencies for Dietetic Education and Practice (ICDEP)
- Draws on the abilities and experience of dietitians and members of the interprofessional healthcare team
- Provides opportunities for practical application of theoretical knowledge
- Recognizes the unique background and learning needs of each student
- Fosters continuous self-directed learning and self-reflection
- Provides opportunities for students to develop practice-based research skills
- Integrates a 12-week professional practice course to support student learning
- Promotes a supportive student experience through a partnership between Unity Health Toronto and Ryerson University

Students will have access to research, library and electronic resources, computer labs and technical support, WSIB coverage, professional liability insurance, academic and personal counseling, medical services, health coverage, athletic centre membership, student housing, discounted transit passes, learning support, and other student services provided by Ryerson University. For more information about the benefits of being a Ryerson student, see

<http://studentlife.ryerson.ca/>.

**Program Length:** 3 semesters beginning each September and concluding end of June the following year.

**Number of positions:** 8

**Fees:** Students who accept an offer of admission to our program will pay tuition and ancillary fees to Ryerson University (income tax receipt will be provided) and a \$110 application fee to the Ontario University Application Centre. Please go to: [www.ryerson.ca/registrar/fees/detail/graduate/](http://www.ryerson.ca/registrar/fees/detail/graduate/) for tuition and fee details

## Application Procedure

To apply, applicants must have an undergraduate degree in Nutrition/Dietetics from a Canadian university program accredited by PDEP and a minimum B Average (3.0/4.33) in the final two years of this PDEP accredited undergraduate Nutrition/Dietetics degree.

The application process is facilitated through Ryerson University.

Please go to:

<https://www.ryerson.ca/nutrition/programs/dietetics-pmdip/>

for application information.

**Selection of successful candidates is based on evidence of:**

- Self-direction, leadership and ability to work as a team member
- Self-motivation, self-confidence and maturity
- Strong communication and interpersonal skills
- Ability to adapt to diverse clinical settings
- Breadth and relevance of experience
- Strong time management skills

Applicants who are selected for interviews will be contacted and provided with information related to the interview process and time.

Candidates who accept an offer into our program will receive instructions on how and when to register as students at both Unity Health Toronto and Ryerson University.

# PMDip-Dietetics at Unity Health Toronto

## Program Details

Unity Health Toronto is a network which includes St. Michael's Hospital, St. Joseph's Health Centre and Providence Health Care. Students will have the opportunity to complete rotations throughout the network and must be willing to travel to all three locations during the program year.

### Program settings include:

- Inner City Health (HIV, Women's Health, General Medicine, Pediatrics)
- Heart & Vascular (Cardiology, Cardiovascular & Vascular Surgery)
- Trauma & Neurosurgery (both at ward and ICU levels of care)
- Diabetes Comprehensive Care (Diabetes and Renal Programs)
- Specialized Complex Care (Medical/Surgical Intensive Care, Gastroenterology, Oncology)

## Nutrition Care

Our dietitians practice in specialized areas of nutrition care and are committed to supporting student learning and training. We provide a wide range of clinical nutrition care educational opportunities to foster student skill development. Placements provide rich learning experiences in:

- Assessing, planning, implementing and evaluating nutritional care as a member of an interprofessional health care team
- Providing counseling to individuals and to groups
- Utilizing evidenced based practice skills

Students will learn in a variety of clinical rotations that are selected to provide learning experiences in both inpatient and outpatient areas. Each placement is 4-6 weeks in length.

**Duration 26-28 weeks**

## Management

Students attain competences in activities designed to foster management skills as part of a Food Service Management team. Learning opportunities foster skills development in human resource management, financial management, food safety management, food procurement, food production and food distribution.

**Duration: 6 weeks**

## Interprofessional Activities

Learning activities will provide students with the opportunity to:

- Utilize evidenced based practice skills
- Learn and utilize principles of adult learning
- Develop practical skills related to literacy
- Apply learning to the development of counseling skills
- Participate in structured interprofessional education activities
- Develop presentation skills through the facilitation of journal clubs and through case study assignments

## Population and Public Health

- Students will gain knowledge and skills in the areas of health promotion assessment, planning, implementation and evaluation. Students will gain these skills through the completion of an integrated population health placement within the NC8300 Preparation for Dietetic Practice course in the winter semester. Students will work in teams to engage with community partners of interest to develop and deliver nutrition education interventions.

For further information, please contact:

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