ARE: The Ethics of Human Enhancement

The Aim of this ARE is to provide an understanding of philosophical thought on the moral aspects of human enhancement equivalent to what would be provided in a graduate level seminar.

**Student:**
**Professor:** Dr. Meredith Schwartz

**Requirements**

The aim is to read about 50 pages a week, and write a short (100-150 word) summaries of each reading. In addition, each week you will write one question that could form the basis of an essay on that week’s readings or the connection between this reading and those that came before. The rationale for this portion of the ARE is that you will be developing your MRP question soon, and this gives you an opportunity to practice writing essay questions of sufficient depth for an MRP.

To prepare for the MRP we will also read some resources on writing well and managing one’s time for large projects.

In addition, you will complete a final paper (about 15 pages in length) that addresses one of the questions we have agreed upon from the list of essay questions above. The paper need not be an argument; it can simply be an explanation of the main positions on a particular topic. You are permitted to write an argument if you so desire.

**Due dates are as follows:**

**Summaries:** Monday the week after chapter (or paper) was read

**Essay questions:** The week after the chapter (or paper) was read, submitted with the summaries

**Paper:** August 10

**Submission**

Please title your files “# Topic” where the # corresponds to the week, and ‘Topic’ corresponds to the topic we will cover.
# Readings and Schedule

<table>
<thead>
<tr>
<th>Week</th>
<th>Topic</th>
<th>Readings</th>
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</thead>
<tbody>
<tr>
<td></td>
<td>Writing Well</td>
<td>Williams, Joseph (1990). “Chapter 2: Clarity” 17-43. (26 pgs.)</td>
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<tr>
<td></td>
<td>Writing Well</td>
<td>Williams, Joseph (1990). “Chapter 3: Cohesion” 45-65. (20 pgs.)</td>
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</tbody>
</table>
| | Writing Well | Williams, Joseph (1990). “Chapter 7: Concision” 115-133 (18 pgs.)
| | | Purdue Online Writing Lab (OWL).
| | | “Conciseness” (1 pg.)
| | | “Eliminating Words” (1 pg.)
| | | “Changing Phrases” (1 pg.)
| | | “Avoiding Common Pitfalls” (1 pg.)
<p>| | | “Paramedic Method” (1 pg.) |</p>
<table>
<thead>
<tr>
<th>Week</th>
<th>June 5-11</th>
<th>Topic</th>
<th>Readings</th>
<th>Pgs.</th>
</tr>
</thead>
</table>
**Writing Well**  
**Time Management & Large Projects**  
Boice, Robert (2000). “Introduction to Section 2: Write in Mindful Ways” 103-114 (11 pages)  
“Chapter 9: Wait” 115-122 (8 pages) | 43 |
**Time Management & Large Projects**  
“Chapter 11: Work With Constancy and Moderation” 137-144 (8 pages) | 19 |
**Time Management & Large Projects**  
“Chapter 13: Work with Balance” 151-156 (6 pages) | 53 |
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<th>Week</th>
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<th>Pgs.</th>
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| 8    | July 3-9  | 3. Cognitive Enhancement  
|      |        | b. Enhancement, Phenomenology, Epistemology, and Theories of Mind  
|      |        | Time Management & Large Projects  
|      |        | “Chapter 18: Limit Wasted Effort” 187-191 (5 pages)  
| 9    | July 10-16  | 4. Moral Enhancement &  
|      |        | 5. Non-Eurocentric Views on Enhancement  
|      |        | Macer, Darryl (2012). “Ethical Consequences of the Positive Views of Enhancement in Asia,” (13 pgs.)  
|      |        | Time Management & Large Projects  
| 10   | July 17-23  | 6. Enhancement in Sports  
|      |        | a. Introduction  
|      |        | b. Enhancement and Equality in Sports  
|      |        | Savulescu, Julian, Bennett Foddy & M. Clayton (2004). “Why We Should Allow Performance Enhancing Drugs in Sport,” (4 pgs.)  
|      |        | Sherwin, Susan and Meredith Schwartz (2005). “Resisting the Emergence of Bio-Amazon” (6 pgs.)  
|      |        | Time Management & Large Projects  
|      |        | 2.5 hrs.  


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<td></td>
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<td><strong>Time Management &amp; Large Projects</strong></td>
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<td></td>
<td>July 31-August 10</td>
<td>Paper writing time</td>
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</tbody>
</table>

**Total Pages of Content**: 545

**Total Pages on Writing**: 185

**Total Pages**: 730
ARE Topics

1. Introduction to Ethics of Enhancement
   a. Introduction to the Debates
   b. Perfection and Human Nature
   c. Rethinking Enhancement
2. The Treatment-Enhancement Distinction
   a. Introduction
   b. Enhancement and Normal Function
3. Cognitive Enhancement
   a. Introduction
   b. Enhancement, Phenomenology, Epistemology, and Theories of Mind
4. Moral Enhancement
5. Non-Eurocentric Views on Enhancement
6. Enhancement in Sports
   a. Introduction
   b. Enhancement and Equality in Sports
7. Enhancement and Equality

Full Bibliography for Readings by Topic

1. Introduction to Ethics of Enhancement
   a. Introduction to the Debates
b. Perfection and Human Nature in Enhancement Debates


c. Rethinking Enhancement


2. The Treatment-Enhancement Distinction
a. Introduction

b. Enhancement and Normal Function


3. **Cognitive Enhancement**

   a. **Introduction to the Ethics of Cognitive Enhancement**


   b. **Cognitive Enhancement, Phenomenology, Epistemology and Theories of Mind**


4. **Moral Enhancement**


5. **Non-Eurocentric Views on Enhancement**


6. **Enhancement in Sports**

   **Introduction to Enhancement in Sports**


   **Enhancement and Equality in Sports**


7. **Enhancement and Equality**


**Bibliography for Resource on Writing Well and Managing Time**

1. **Writing Well**

   “Chapter 2: Clarity” 17-43. (26 pages)
   “Chapter 3: Cohesion” 45-65. (20 pages)
   “Chapter 7: Concision” 115-133 (18 pages)
   “Chapter 10: Usage” 169-198 (30 pages)

   Purdue Online Writing Lab (OWL). [https://owl.english.purdue.edu/owl/section/1/2/](https://owl.english.purdue.edu/owl/section/1/2/)
   “Conciseness” [https://owl.english.purdue.edu/owl/resource/572/1/](https://owl.english.purdue.edu/owl/resource/572/1/)
   “Eliminating Words” [https://owl.english.purdue.edu/owl/resource/572/02/](https://owl.english.purdue.edu/owl/resource/572/02/)
   “Changing Phrases” [https://owl.english.purdue.edu/owl/resource/572/03/](https://owl.english.purdue.edu/owl/resource/572/03/)
“Avoiding Common Pitfalls” https://owl.english.purdue.edu/owl/resource/572/04/
“Paramedic Method” https://owl.english.purdue.edu/owl/resource/635/1/

2. Time Management and Large Projects
“Introduction to Section 2: Write in Mindful Ways” 103-114 (11 pages)
“Chapter 9: Wait” 115-122 (8 pages)
“Chapter 10: Begin Writing Early (Before Feeling Ready)” 123-136 (12 pages)
“Chapter 11: Work With Constancy and Moderation” 137-144 (8 pages)
“Chapter 12: Stop” 145-149 (5 pages)
“Chapter 13: Work with Balance” 151-156 (6 pages)
“Chapter 14: Let Go of Negative Thoughts” 157-164 (8 pages) Recommended
“Chapter 15: Moderate Emotions” 165-176 (12 pages) Recommended
“Chapter 16: Moderate Attachments” 177-181 (5 pages) Recommended
“Chapter 17: Let Others Do Some of the Work” 183-186 (4 pages)
“Chapter 18: Limit Wasted Effort” 187-191 (5 pages)
“Section II: Summary and Extension of the Mindful Ways of Writing” 192-202 (11 pages).

“Taking an Attitude Toward Your Writing and Resisting Imposter Syndrome”
https://www.youtube.com/watch?v=cRFsuNczJlk (49 minutes)
“Time And Guilt Management Strategy and “Units,” The Best Writing Tool I Know”
https://www.youtube.com/watch?v=FLxyA2C_CCg (60 minutes)
“Specific Tactics For Working With Writing, Including A Memo Plan For Guiding Supervisors Toward Useful Feedback” https://www.youtube.com/watch?v=x9QjvrY-00 (38 minutes)

“Chapter 3: Motivational Tools” 29-47 (16 pages)