



What is Black Food Sovereignty?

WHAT IS FOOD SOVEREIGNTY

"Food Sovereignty is the right of peoples to healthy and culturally appropriate food produced through ecologically sound and sustainable methods, and their right to define their own food and agriculture systems."

WHAT IS Black FOOD SOVEREIGNTY:

"Black Food Sovereignty is the right of people of African descent to healthy and culturally appropriate food produced through ecologically sound and sustainable methods, and their right to define their own food and agriculture systems."

WHAT IS AFRICAN FOOD SOVEREIGNTY HISTORICALLY:

WHAT IS Black FOOD SOVEREIGNTY?

"Food Sovereignty was the way of life of people of African descent before colonization by Europeans. Africans had their right to healthy and culturally appropriate food produced through ecologically sound and sustainable methods, and they defined their own food and agriculture systems from time immemorial."

Seven Pillars of Food Sovereignty

1. FOCUSES ON FOOD FOR PEOPLE

- ***Puts people's need for food at the centre of policies***
- ***Insists that food is more than just a commodity***

2. BUILDS KNOWLEDGE AND SKILLS

- ***Builds on traditional knowledge***
- ***Uses research to support and pass this knowledge to future generations***
- ***Rejects technologies that undermine or contaminate local food systems***

3. WORKS WITH NATURE

- ***Optimizes the contributions of ecosystems***

- *Improves resilience*

4. VALUES FOOD PROVIDERS

- *Supports sustainable livelihoods*
- *Respects the work of all food providers*

5. LOCALIZES FOOD SYSTEMS

- *Reduces distance between food providers and consumers*
- *Rejects dumping and inappropriate food aid*
- *Resists dependency on remote and unaccountable corporations*

6. PUTS CONTROL LOCALLY

- *Places control in the hands of local food providers*
- *Recognizes the need to inhabit and to share territories*
- *Rejects the privatization of natural resources*

7. FOOD IS SACRED

- *Recognizes that food is a gift of life, and not to be squandered*
- *Asserts that food cannot be commodified*

https://en.wikipedia.org/wiki/Food_sovereignty#History