SQ3R

Before you read, **Survey** the chapter

- The title, headings, and subheadings
- Captions under pictures, charts, graph or maps
- Review questions or teacher-made study guides
- Introductory and concluding paragraphs

**Question** while you are surveying

- Turn the title, headings, and/or subheadings into questions.
- Read questions at the end of the chapters or after each subheading.
- Ask yourself, “What did my instructor say about this chapter?”

When you begin to **Read**

- Look for answers to the questions you first raised.
- Answer questions at the beginning or end of chapters.
- Note all the underlined, italicized, bold words or phrases.
- Study graphic aids.
- Reduce speed for difficult passages; reread unclear parts.
- Read only a section at a time and recite after each section.

**Recite** after you’ve read a section

- Ask yourself questions about what you have just read.
- Take notes from the text but write the info in your own words.
- Underline or highlight important points you have just read.
Review an ongoing process

Day One
- After you have read and recited the entire chapter, write questions in the margins for those points you have highlighted or underlined.
- If you took notes while reciting, write questions for the notes you have taken in the left hand margins of your notebook.

Day Two
- Page through the text to reacquaint yourself with important points.
- Cover the right hand column of your text/notebook and orally ask yourself the questions in the left-hand margins.
- Orally recite or write the answers from memory.
- Make “flash cards” for those questions that give you difficulty.
- Develop mnemonic devices for material that needs to be memorized.

Days Three, Four and Five
- Alternate between your flashcards and notes, and test yourself (orally or in writing) on the questions you formulated.

Weekend
Using the text and notebook, make a Table of Contents of all the topics and subtopics you need to know from the chapter. Make a Study Sheet. Periodically review the Study Sheet.