

The SQ3R Reading Strategy

The SQ3R method of reading textbooks is an excellent strategy for both understanding and remembering information. The steps in the method are **S**urvey, **Q**uestion, **R**ead, **R**ecite, and **R**evue.

S	Survey	<ul style="list-style-type: none"> • Survey the title • Learning objectives/Introduction • Headings and subheadings • Boldface and italic print and marginal definitions • Example problems, Diagrams, graphs, tables, formulas • Conclusion • List of key terms at the end of the chapter
Q	Question	<p>Read one section at a time. Before you start to read, make or find questions.</p> <ul style="list-style-type: none"> • You may find questions in the learning objectives, at the end of the chapter, or in the study guide. • Create your own questions from headings/subheadings or the learning objectives.
R	Read	<ul style="list-style-type: none"> • READ the section to find the answers to your questions. The questions will help you concentrate.
R	Recite	<ul style="list-style-type: none"> • RECITE the information by covering up the text and answering your questions out loud. • You can also recite the answers by writing them as notes. This step is a way for you to test/monitor your learning. • For quantitative courses, test yourself by doing the exercises or assigned problems after each section.
R	Review	<ul style="list-style-type: none"> • REVIEW the entire chapter as soon as you have finished. Again, for each section, cover the text or your notes and try to answer the questions. • If you don't remember an answer, repeat it until it's fixed in your memory.

Using the SQ3R Method to Strengthen Reading Comprehension and Memory. (2009). Retrieved June 26, 2009, from Learning Success Centre, Ryerson University: <http://www.ryerson.ca/studentsservices/learningsuccess/tipsheets/learningskills/sq3r.html>